

WELCOME

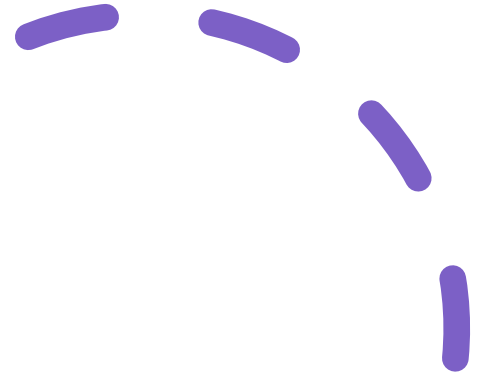
CHILDRENS GUIDE

WELCOME TO YOUR NEW HOME





WELCOME



Hi There!

Welcome to your new home!

We know moving can feel like a big change, but don't worry – we are here to help you settle in and feel comfortable.

You've Got This, And We've Got You!



OUR VALUES



Our home is built on these values:

- **Respect:** *Everyone deserves kindness and understanding*
- **Equality:** *Everyone is treated fairly and with dignity*
- **Diversity:** *We celebrate what makes each of unique*
- **Support:** *We are here to help you grow and thrive.*

Dream Big, Work Hard, And Stay Kind.





OUR COMMITMENT TO YOU

We're here to support you every step of the way. This is your home, a place where you are cared for, respected and encouraged to be your best. Our goal is to make sure you feel safe, valued and ready to achieve anything you dream of.

You'll Always Have Someone to Count on Here

When You Arrive



Here's what happens when you first move in:

- A staff member will greet you and show you around.
- You'll see your room and shared spaces like the lounge and kitchen.
- We'll help you unpack and get comfortable.
- You'll learn about safety, like fire drills and emergency exits

A Place To Feel Safe, Grow, And Shine

What To Expect

- *Each day will have a routine to help you stay organised and feel supported.*
- *You'll have a key worker – a friendly adult who's there to help you.*
- *Adults will help you with your meetings and appointments.*
- *Every week, we'll have planning sessions where we: –*
 - *Hold house meetings to talk about ideas and how things are going.*
 - *Chat about fun activities and things you'd like to do.*
 - *Plan meals together, including what you'd like to eat.*
 - *Learn new skills and routines to make life easier.*
 - *Talk about relationships and how everyone is getting along.*
 - *Share how your week has been and set goals.*
 - *Think about how we can make things better for everyone.*
 - *Talk about staying safe and healthy.*
 - *Celebrate with monthly cultural evenings to learn about different traditions.*
 - *Make sure things are fair and everyone feels included.*

House Rules

To make our home a safe and happy place for everyone, we have a few simple rules:

- Treat everyone with respect and kindness.
- Keep your personal space and shared areas clean and tidy.
- Use polite language—no shouting, swearing, or harmful words.
- Respect others' privacy and belongings.
- Bullying, fighting, or harmful behaviour is not allowed.
- Follow the daily routines and schedules.
- No smoking or vaping anywhere in the home.

These rules are here to make sure everyone feels safe, cared for, and supported.

*When We Follow The Rules, We Create A
Home Full Of Trust And Care*

House Layout

Here's a quick guide to the house and some pictures:

Downstairs: Living Room/TV Room, Kitchen,
Bathroom, Staff Office

First Floor: 2 Bedrooms, Bathroom

Second Floor: Staff Bedroom, 1 Bedroom

House Layout



House Layout



Your Bedroom



Your room is your personal space. You can decorate it (with permission) to make it feel like home. Keep it tidy and let us know if you need anything to make it more comfortable.

Your Room, Your Retreat, Your Peace

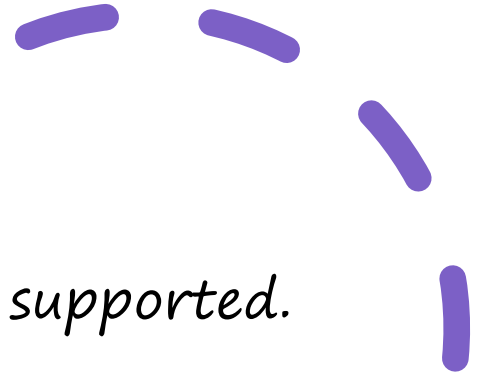
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Your Bedroom



A Little Space That's All About You.

Your Daily Routine



Every day, we follow a routine to help everyone feel organised and supported.

Here's what a typical day might look like:

Morning: Wake up, have breakfast, and get ready for school or the day's activities.

Afternoon: Spend time on learning, hobbies, or planned activities.

Evening: Enjoy dinner, relax, and have some free time before bed.

We'll also plan out weekly schedules during meetings, so you'll always know what's happening and can share ideas for things you'd like to do.

Start Each Day With a Smile and a Plan

Weekly Planner

Each week, we'll create a plan that includes all the important things, like school, activities, and free time. This helps us stay organized and make sure everyone gets a chance to do things they enjoy. You can also share your ideas for fun activities to add to the plan!

DAY	MORNING	AFTERNOON	EVENING
Monday	School	Shopping	Movie Night
Tuesday	School	Arts & Crafts	Board Games
Wednesday	School	Sports	Tidy Room
Thursday	School	Baking	Console Games Night
Friday	School	Park	Takeaway Night
Saturday	Gardening	Spend Pocket Money	Family Movie Night
Sunday	Breakfast Together	Cultural Activity	Reflect On The Week



Pocket Money and Rewards

We believe it's important to help you learn how to manage your money while also giving you the chance to save and spend on the things you enjoy. Pocket money is provided weekly, and you can earn extra by helping around the house or reaching your goals.

You'll also receive allowances for clothing, savings, and as you get older, independence money to help you prepare for managing your own finances in the future.

Let's work together to make sure you have what you need and feel confident with your money choices!

Big Things Start With Small Savings

Pocket Money and Rewards

Every week, you'll get pocket money to use how you like—save it, spend it, or both! You can also earn extra for helping around the house or reaching goals. The table below is just an example, so it might be a bit different for you.

AGE	POCKET MONEY	CLOTHING ALLOWANCE	SAVINGS	CHORES	INCENTIVES	INDEPENDENCE MONEY
8-12	£5-£8	£20	£10	Up To £3	Up To £5	N/A
13-14	£8-£10	£25	£10	Up To £4	Up To £7	N/A
15-16	£10-15	£30	£15	Up To £5	Up To £10	Up To £15
17-18	£15-£20	£35	£20	Up To £6	Up To £15	Up To £20

*Spend a Little, Save a Little,
Have Fun With Your Money*

Pocket Money and Rewards

Explanation of Each Category

- **Pocket Money:** Weekly allowance for spending on personal items or activities.
- **Clothing Allowance:** Monthly amount to buy clothes of your choice.
- **Savings:** Weekly money set aside to help you save for bigger goals.
- **Chores:** Extra money earned for tasks like tidying your room, helping in the kitchen, or gardening.
- **Incentives:** Rewards for achievements like doing well in school, good behaviour, or helping others.
- **Independence Money:** Additional funds for older teens to practice budgeting and financial independence.

Your Pocket Money Is Your Chance
To Plan, Save, And Dream!

Family and Friends Time

Staying connected with your family and friends is important, and we'll help make it happen with the right permissions. Here's how it works:

Visits: You can visit family and friends or have them visit you here, but this needs to be planned and approved by your social worker.

Calls and Video Chats:

- You can make calls or video chats with approved family and friends.
- These need to be planned and given permission by your social worker.
- We'll make sure you have a quiet space for calls when needed.

Special Plans: We can help you plan special times with your family or friends. This might include celebrating special occasions or spending quality time together when it's allowed and fits the schedule.

We're here to help you stay close to the people who matter most to you while keeping everything safe and comfortable.

*The Best Memories Are Made
With The People We Care About*

Education

Your education is important to us. We'll support you by:

- Helping with schoolwork and study routines.
- Connecting you with tutors if you need it.
- Encouraging you to set and achieve your goals.
- Supporting attendance and participation in school.

*Education Is Your Superpower,
Use It Wisely*

Activities



We arrange lots of fun activities including:

- Arts & Crafts, Sports and Gardening
- Movie Nights, Board Games and Video Games
- Trips to the local parks, cinemas and other places.

Every week we'll plan fun and exciting activities.

You'll always know what's coming up and you're welcome to share ideas aswell.

*Every Day Is A New Adventure—
Let's Have Some Fun!*

Food

Meals in our home are made fresh every day, with care taken to meet everyone's dietary needs, preferences, and cultural requirements. We want mealtimes to be enjoyable for everyone, so each week we'll ask you what you'd like to eat and work together to plan a menu. This way, you can look forward to meals you'll enjoy while also trying new and exciting foods.

You'll also have the chance to help with cooking or preparing meals if you'd like—it's a great way to learn new skills and have fun in the kitchen!

Good Food Brings Everyone Together

Health



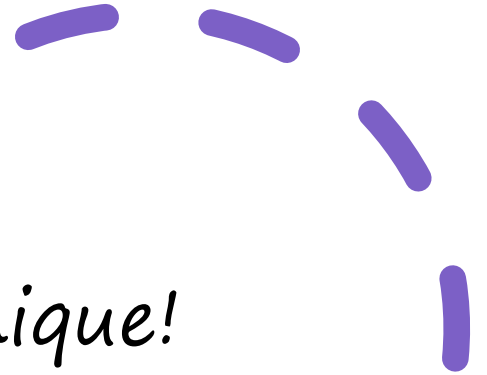
Taking care of your health is very important, and we're here to help you every step of the way. We'll support you by:

- Making sure you have regular check-ups with doctors, dentists, and other healthcare providers.
- Helping you stay active with fun activities and exercise.
- Encouraging healthy habits, like eating well and getting enough sleep.
- Supporting your emotional well-being by being here to talk whenever you need us.

If you ever feel unwell or worried about something, let an adult know right away. We're here to make sure you feel your best!

A Healthy You Is The Best You

Cultural Celebrations



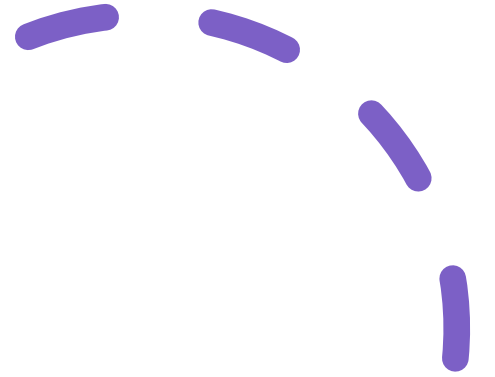
We love celebrating the things that make us unique!

From special cultural evenings to holiday traditions, we take time to learn about and appreciate everyone's background and heritage. These celebrations bring us together and help us learn from each other.

*Every Culture Has A Story And
Every Story Is Worth Sharing*



Celebrations & Personal Achievements



We love celebrating special moments!

Whether it's your birthday, an award from school, or something you're proud of, we'll celebrate with you.

Let us know if there is something special you'd like us to recognise.

When One Of Us Shines, We All Shine!

Your Key Worker

Your key worker is a friendly adult who is here to support you. They will: -

- Help you plan your daily schedule and routines.
- Assist with medical visits and appointments.
- Get you ready for and join you in meetings when needed.
- Teach you important life skills like cooking, budgeting and more.
- Talk to you about lots of things like school, family, how you are feeling and anything else on your mind.

Remember, any adult in the house is happy to help if you need something -
we are all here to support you.

*You Will Always Have Someone To Rely On -
Every Step Of The Way*

Keeping You Safe and Supported

Your safety and happiness are our top priorities. Here's how we make sure you feel supported every day:-

- **Regular Check-Ins:** An adult will talk to you regularly to see how you're doing, help with any problems and make sure you're feeling ok.
- **Social Worker Visits:** Your social worker will visit you often to check how things are going and talk about anything on your mind.
- **Trained Staff:** The adults in the house are trained to handle emergencies and keep you safe.
- **Fire Drills:** We practice what to do in case of a fire, so everyone knows how to stay safe.
- **Supervision:** There is always someone around to help you if you need it.
- **House Rules:** Our rules are here to make sure everyone feels safe and respected.
- **Health Support:** We'll help you stay healthy with regular check-ups and advice.

If you ever feel worried or unsure about something, remember that we're always here to listen.

We Are All Here To Listen, Guide and Support You

How You Can Help Us Create A Happy Home



To make this a safe, supportive and enjoyable place for everyone, we ask that you:

- Show kindness and respect to others.
- Take care of your own space and help keep shared areas clean.
- Be open to new experience and give things your best effort.
- Let us know if you're feeling upset or need help – we're here for you.
- Follow the house guidelines to ensure everyone feels safe and comfortable.

*Happiness Is Knowing You're In A
Place Where You Belong*

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Equality And Diversity

We celebrate everyone's unique background, culture and identity. Our goal is to create an environment where everyone feels welcome and included.

We believe everyone deserves to feel valued and included no matter their background, beliefs or abilities.

Everyone Has A Voice And Every Voice Matters

Grumble Box



If you ever feel like you can't talk to someone about something that's bothering you, the Grumble Box is here to help.

You can write down your thoughts, feelings, or worries and place them in the box.

It's checked regularly by an adult, and they'll make sure your concerns are heard and addressed.

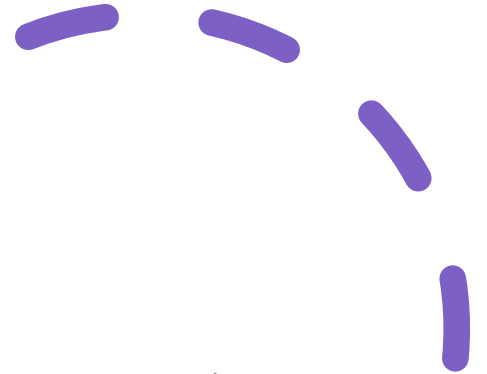
You can use it for any kind of feedback—whether it's a worry, a suggestion, or even a compliment.

The Grumble Box is a safe and private way to share what's on your mind.



*Big Or Small,
Your Concerns Are Important To Us*

Bullying and Racism



Bullying and racism are not tolerated here. If you ever experience or witness them:

- Talk to staff member immediately.*
- Use the Grumble Box to share your concerns.*
- We'll take action to ensure everyone feels safe and respected.*

*Speak Up For What's Right and
Stand Against Hate*



Your Voice Matters



Your opinions and ideas matter!

You can share your thoughts during meetings, through the Grumble Box or by talking to a trusted adult. We want to hear what you think about the home and how we can make it better.

Every Voice Matters, Especially Yours

Complaints and Compliments

We want to hear from you – whether it's something you're happy about or something that needs to be fixed.

Complaints – If you're not happy about the care you receive or feel that your rights haven't been upheld, you have the right to file a complaint.

- Adults in the home can assist you with this process.
- Talking to someone in charge or a trusted adult can often help settle any problems.
- If needed, we'll provide you with a complaint form, which will be given to someone in charge.
- We take every complaint seriously and will ensure your concerns are addressed promptly.

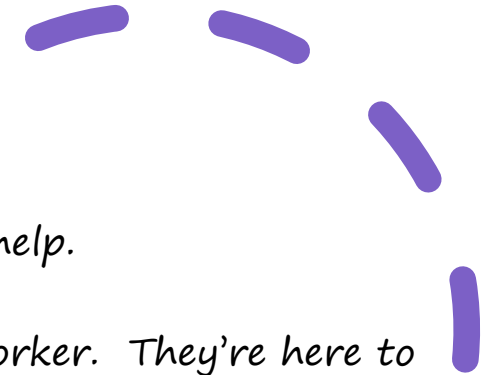
Grumble Box – If you feel like you can't talk to someone directly, you can write down your thoughts and feelings and place them in the Grumble Box. This is checked regularly and we'll talk to you about what you've shared.

Compliments – If you're happy with something, like how a situation was handled or the care you received, let us know! We love hearing about the things that are working well.

Remember your voice matters. Whether it's a complaint or compliment, we're here to listen and support.

*Compliments Make Us Smile
Complaints Make Us Better*

What To Do When You Feel Sad Or Unhappy



It's OK to feel sad or upset sometimes. Everyone feels this way now and then. Here's how we can help.

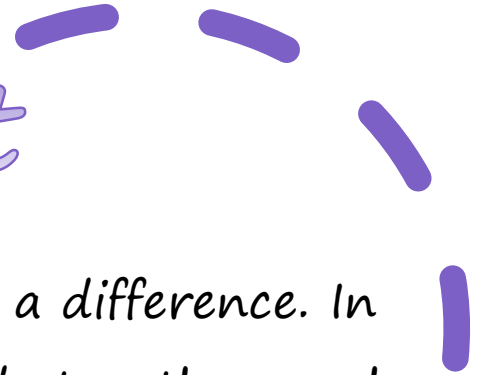
- Talk to Someone You Trust – Speak to an adult in the house, your key worker or your social worker. They're here to listen and to help you feel better.*
- Write It Down– You can use the Grumble Box to share your feelings, worries or ideas. We check it regularly and will talk to you about what you've shared.*
- Take a Break – Spend time doing something that makes you happy, like drawing, reading, listening to music or playing a game.*
- Ask for Help – If there's something bothering you that we can fix, let us know right away. We'll do our best to help.*
- Be Kind to Yourself – Remember, it's OK to not feel OK. Take it one step at a time and know that you are not alone.*

If you ever feel like you need extra support, we'll make sure you have someone to talk to who can help.

Sharing How You Feel Is The First Step To Feeling Better



Community Involvement



Being part of the community is a great way to feel connected and make a difference. In our home, we encourage you to get involved in activities that bring people together, such as:

- Participating in local events or celebrations.
- Volunteering for community projects or helping others.
- Joining clubs, sports teams, or other group activities in the area.

We'll support you in finding ways to connect with the community, learn new skills, and build meaningful relationships.

*Your Actions Can Inspire Others
To Make A Difference Too*





Ofsted



Ofsted regularly visits our home to make sure it's a safe, happy, and supportive place for you. They check that we're meeting your needs and providing the best care possible. Sometimes, they might ask you about your experience living here—this is a great chance to share your thoughts if you'd like to. If you have any questions about Ofsted, just ask an adult—we're always here to help.





Your Journey Starts Here



We hope this guide has helped you learn more about your new home and what to expect. Remember, this is your space to feel safe, supported, and cared for. If you ever have questions or worries, just ask—there's always someone here to help.

*You're Stronger Than You Think
And Braver Than You Know*

